

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 13:15 until 13:55. Teamleadmeeting @ The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BREASTSTROKE MEN 11-12 **Heat:1, starttime: 14:00**

Heat: 1/5 Lane : 3 Athlete: BIESIADECKI ALEXANDER **Q-time: 02:06:03**

PB (50m pool): no time **PB (25m pool): 02:06.03** **SB: no time**

	5 0 M	1 0 0 M	
PB	no time	no time	
	<i>no time</i>		
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12 **Heat:1, starttime: 14:00**

Heat: 1/5 Lane : 4 Athlete: SEGERS MATHIS **Q-time: 02:01:28**

PB (50m pool): 02:01.28 SportinGenk Park 11/11/2025 **PB (25m pool): 02:01.49** **SB: 02:01.28 SportinGenk Park 11/11/2025**

	5 0 M	1 0 0 M	
PB	no time	02:01.28	
	<i>no time</i>		
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12 **Heat:3, starttime: 14:05**

Heat: 3/5 Lane : 2 Athlete: RUELENS HENRI **Q-time: 01:45:28**

PB (50m pool): 01:53.73 SportinGenk Park 21/04/2025 **PB (25m pool): 01:45.28** **SB: no time**

	5 0 M	1 0 0 M	
PB	no time	01:53.73	
	<i>no time</i>		
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 30: 100M BREASTSTROKE MEN 11-12		Heat:3, starttime: 14:05	
Heat: 3/5 Lane : 6 Athlete: SEGERS FERRE		Q-time: 01:45:02	
PB (50m pool): 01:49.00 SportinGenk Park 21/04/2025		PB (25m pool): 01:45.02 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:49.00	
	<i>no time</i>		
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12		Heat:4, starttime: 14:08	
Heat: 4/5 Lane : 4 Athlete: NIJS VIKTOR		Q-time: 01:36:91	
PB (50m pool): 01:48.51 SportinGenk Park 21/04/2025		PB (25m pool): 01:36.91 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:48.51	
	<i>no time</i>		
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12		Heat:4, starttime: 14:08	
Heat: 4/5 Lane : 5 Athlete: MOORS VICTOR		Q-time: 01:38:92	
PB (50m pool): 01:44.91 SportinGenk Park 11/11/2025		PB (25m pool): 01:38.92 SB: 01:44.91 SportinGenk Park 11/11/2025	
	5 0 M	1 0 0 M	
PB	no time	01:44.91	
	<i>no time</i>		
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12		Heat:4, starttime: 14:08	
Heat: 4/5 Lane : 7 Athlete: JORISKES GIJS		Q-time: 01:42:15	
PB (50m pool): 01:52.86 Antwerp 26/01/2025		PB (25m pool): 01:42.15 SB: no time	
	5 0 M	1 0 0 M	
PB	00:54.66	01:52.86	
	00:54.66	00:58.20	
	

Coach feedback:

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Event number: 30: 100M BREASTSTROKE MEN 11-12		Heat:5, starttime: 14:10	
Heat: 5/5 Lane : 2 Athlete: FERREIRA CRAVO ENZO		Q-time: 01:35:13	
PB (50m pool): 01:37.95 Antwerpen 20/07/2025		PB (25m pool): 01:35.13 SB: no time	
	50 M	100 M	
PB	00:47.74	01:37.95	
	00:47.74	00:50.21	
	

Coach feedback:

Event number: 30: 100M BREASTSTROKE MEN 11-12		Heat:5, starttime: 14:10	
Heat: 5/5 Lane : 7 Athlete: BOSMANS VINCE		Q-time: 01:35:79	
PB (50m pool): 01:41.03 Antwerpen 20/07/2025		PB (25m pool): 01:35.79 SB: no time	
	50 M	100 M	
PB	00:47.67	01:41.03	
	00:47.67	00:53.36	
	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:3, starttime: 14:18	
Heat: 3/9 Lane : 5 Athlete: VANDIJCK SAMUEL		Q-time: 00:31:04	
PB (50m pool): 00:32.37 Zwembad Brigitte Becue Oostend 19/05/2025		PB (25m pool): 00:28.77 SB: no time	
	50 M		
PB	00:32.37		
	00:32.37		
		

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:6, starttime: 14:21	
Heat: 6/9 Lane : 7 Athlete: VAN DEN HOORN EBE		Q-time: 00:28:68	
PB (50m pool): 00:30.27 Antwerp 02/02/2025		PB (25m pool): 00:28.68 SB: no time	
	50 M		
PB	00:30.27		
	00:30.27		
		

Coach feedback:

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Event number: 31: 50M FREESTYLE MEN 13+		Heat:7, starttime: 14:22
Heat: 7/9 Lane : 3 Athlete: TIELEN SANDER		Q-time: 00:27:74
PB (50m pool): 00:32.41 Zwembad Brigitte Becue Oostend 19/05/2023 PB (25m pool): 00:27.74 SB: no time		
	50 M	
PB	00:32.41	
	00:32.41	
	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:7, starttime: 14:22
Heat: 7/9 Lane : 6 Athlete: DAEMEN JUUL		Q-time: 00:27:83
PB (50m pool): 00:30.91 Antwerpen 16/04/2023 PB (25m pool): 00:27.83 SB: no time		
	50 M	
PB	00:30.91	
	00:30.91	
	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:9, starttime: 14:24
Heat: 9/9 Lane : 2 Athlete: DAEMEN TUUR		Q-time: 00:25:79
PB (50m pool): 00:29.00 Antwerpen 16/04/2023 PB (25m pool): 00:25.79 SB: no time		
	50 M	
PB	00:29.00	
	00:29.00	
	

Coach feedback:

Event number: 31: 50M FREESTYLE MEN 13+		Heat:9, starttime: 14:24
Heat: 9/9 Lane : 6 Athlete: EVENS MATS		Q-time: 00:25:44
PB (50m pool): 00:29.18 Zwembad Brigitte Becue Oostend 19/05/2023 PB (25m pool): 00:25.44 SB: no time		
	50 M	
PB	00:29.18	
	00:29.18	
	

Coach feedback:

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Event number: 31: 50M FREESTYLE MEN 13+		Heat:9, starttime: 14:24
Heat: 9/9 Lane : 7 Athlete: VEESTRAETEN MATS		Q-time: 00:26:05
PB (50m pool): 00:25.99 Antwerpen 21/04/2024		PB (25m pool): 00:25.86 SB: no time
	50 M	
PB	00:25.99	
	00:25.99	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:1, starttime: 14:26
Heat: 1/10 Lane : 2 Athlete: DE BELDER KATO		Q-time: 00:39:28
PB (50m pool): no time		PB (25m pool): 00:39.28 SB: no time
	50 M	
PB	no time	
	no time	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:2, starttime: 14:27
Heat: 2/10 Lane : 5 Athlete: FRANSSSEN EMILY		Q-time: 00:34:05
PB (50m pool): 00:34.05 Antwerpen 20/04/2025		PB (25m pool): 00:34.76 SB: no time
	50 M	
PB	00:34.05	
	00:34.05	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:2, starttime: 14:27
Heat: 2/10 Lane : 6 Athlete: REMANS QUIN		Q-time: 00:34:16
PB (50m pool): 00:36.67 Zwembad Brigitte Becue Oostend 19/04/25		PB (25m pool): 00:34.85 SB: no time
	50 M	
PB	00:36.67	
	00:36.67	
	

Coach feedback:

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Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:3, starttime: 14:28
Heat: 3/10 Lane : 7 Athlete: VANDEWAERDE OUBE		Q-time: 00:33:40
PB (50m pool): 00:33.40 Antwerpen 20/04/2025		PB (25m pool): 00:35.20 SB: no time
	50 M	
PB	00:33.40	
	00:33.40	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:4, starttime: 14:29
Heat: 4/10 Lane : 4 Athlete: HUYBREGTS JOLIEN		Q-time: 00:32:41
PB (50m pool): 00:32.98 Antwerpen 16/04/2023		PB (25m pool): 00:32.25 SB: no time
	50 M	
PB	00:32.98	
	00:32.98	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:5, starttime: 14:30
Heat: 5/10 Lane : 4 Athlete: LAMBRIGHTS GITTE		Q-time: 00:31:30
PB (50m pool): no time		PB (25m pool): 00:31.30 SB: no time
	50 M	
PB	no time	
	no time	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:6, starttime: 14:32
Heat: 6/10 Lane : 4 Athlete: KERKHOF KAAT		Q-time: 00:30:73
PB (50m pool): 00:30.73 Antwerpen 20/04/2025		PB (25m pool): 00:30.22 SB: no time
	50 M	
PB	00:30.73	
	00:30.73	
	

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Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:6, starttime: 14:32
Heat: 6/10 Lane : 6 Athlete: THEUWIS LISABET		Q-time: 00:30:94
PB (50m pool): 00:33.31 Zwembad Brigitte Becue Oostend 19/05/2025 PB (25m pool): 00:30.94 SB: no time		
	50 M	
PB	00:33.31	
	00:33.31	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:7, starttime: 14:33
Heat: 7/10 Lane : 2 Athlete: THEUWISSEN NORE		Q-time: 00:30:35
PB (50m pool): 00:30.35 Antwerpen 20/04/2025 PB (25m pool): 00:29.77 SB: no time		
	50 M	
PB	00:30.35	
	00:30.35	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:7, starttime: 14:33
Heat: 7/10 Lane : 4 Athlete: BOUSSON JULIE		Q-time: 00:30:07
PB (50m pool): 00:31.56 Antwerpen 20/04/2025 PB (25m pool): 00:30.07 SB: no time		
	50 M	
PB	00:31.56	
	00:31.56	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:7, starttime: 14:33
Heat: 7/10 Lane : 7 Athlete: VANHEESWIJCK AMELEA		Q-time: 00:30:65
PB (50m pool): 00:33.20 Antwerpen 20/04/2025 PB (25m pool): 00:30.65 SB: no time		
	50 M	
PB	00:33.20	
	00:33.20	
	

Coach feedback:

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Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:8, starttime: 14:34
Heat: 8/10 Lane : 2 Athlete: SCHOUTEDEN NIENKE		Q-time: 00:30:02
PB (50m pool): 00:35.30 Zwembad Brigitte Becue Oostend 19/07/2024 PB (25m pool): 00:30.02 SB: no time		
	50 M	
PB	00:35.30	
	00:35.30	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:8, starttime: 14:34
Heat: 8/10 Lane : 7 Athlete: THEUWIS MIRA		Q-time: 00:30:03
PB (50m pool): 00:29.52 Antwerpen 28/07/2024 PB (25m pool): 00:28.65 SB: no time		
	50 M	
PB	00:29.52	
	00:29.52	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:9, starttime: 14:35
Heat: 9/10 Lane : 2 Athlete: WEVERS GITTE		Q-time: 00:29:24
PB (50m pool): 00:30.30 Antwerpen 20/04/2025 PB (25m pool): 00:29.24 SB: no time		
	50 M	
PB	00:30.30	
	00:30.30	
	

Coach feedback:

Event number: 32: 50M FREESTYLE WOMEN 13+		Heat:9, starttime: 14:35
Heat: 9/10 Lane : 5 Athlete: VINKEN AMÉLIE		Q-time: 00:28:67
PB (50m pool): 00:28.64 Antwerp 21/01/2024 PB (25m pool): 00:27.50 SB: no time		
	50 M	
PB	00:28.64	
	00:28.64	
	

Coach feedback:

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Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:1, starttime: 14:40
Heat: 1/4 Lane : 6 Athlete: WALTERUS KILYAN					Q-time: 03:23:45
PB (50m pool): no time			PB (25m pool): 03:23.45 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:4, starttime: 14:51
Heat: 4/4 Lane : 3 Athlete: ORIS TIM					Q-time: 02:34:86
PB (50m pool): 02:33.32 Antwerpen 27/07/2025			PB (25m pool): 02:26.62 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.97	01:12.56	01:51.49	02:33.32	
	<i>00:33.97</i>	<i>00:38.59</i>	<i>00:38.93</i>	<i>00:41.83</i>	
	

Coach feedback:

Event number: 33: 200M BREASTSTROKE MEN 13+					Heat:4, starttime: 14:51
Heat: 4/4 Lane : 4 Athlete: METTEN VINCE					Q-time: 02:22:13
PB (50m pool): 02:29.35 Antwerpen 27/07/2025			PB (25m pool): 02:22.13 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.98	01:12.87	01:51.65	02:29.35	
	<i>00:33.98</i>	<i>00:38.89</i>	<i>00:38.78</i>	<i>00:37.70</i>	
	

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+					Heat:2, starttime: 15:00
Heat: 2/6 Lane : 5 Athlete: FRANSSEN EMILY					Q-time: 03:22:61
PB (50m pool): no time			PB (25m pool): 03:22.61 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	<i>no time</i>				
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:3, starttime: 15:04	
Heat: 3/6 Lane : 4 Athlete: LUDWICZAK LENA				Q-time: 03:14:35	
PB (50m pool): 03:24.00 SportinGenk Park 08/03/2025			PB (25m pool): 03:14.35 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:36.99	no time	03:24.00	
	<i>no time</i>				
	

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:4, starttime: 15:08	
Heat: 4/6 Lane : 3 Athlete: JORISKES LORE				Q-time: 03:10:41	
PB (50m pool): 03:18.52 Antwerp 26/01/2025			PB (25m pool): 03:10.41 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.89	01:34.30	02:26.82	03:18.52	
	<i>00:43.89</i>	<i>00:50.41</i>	<i>00:52.52</i>	<i>00:51.70</i>	
	

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:4, starttime: 15:08	
Heat: 4/6 Lane : 5 Athlete: NOUWEN FLEUR				Q-time: 03:09:19	
PB (50m pool): 03:16.63 SportinGenk Park 08/03/2025			PB (25m pool): 03:09.19 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:37.01	no time	03:16.63	
	<i>no time</i>				
	

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:5, starttime: 15:11	
Heat: 5/6 Lane : 2 Athlete: VANGELOVEN FRAN				Q-time: 03:06:17	
PB (50m pool): 03:06.17 Antwerp 26/01/2025			PB (25m pool): 03:02.32 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:41.60	01:29.36	02:18.78	03:06.17	
	<i>00:41.60</i>	<i>00:47.76</i>	<i>00:49.42</i>	<i>00:47.39</i>	
	

Coach feedback:

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Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:5, starttime: 15:11	
Heat: 5/6 Lane : 5 Athlete: RUELENS COBIEN				Q-time: 02:59:28	
PB (50m pool): 03:03.07 Antwerpen 20/07/2025			PB (25m pool): 02:59.28 SB: no time		
	50 M	100 M	150 M	200 M	
PB	00:41.52	01:28.69	02:16.43	03:03.07	
	00:41.52	00:47.17	00:47.74	00:46.64	
	

Coach feedback:

Event number: 34: 200M BREASTSTROKE WOMEN 13+				Heat:5, starttime: 15:11	
Heat: 5/6 Lane : 6 Athlete: DE BELDER KATO				Q-time: 03:05:26	
PB (50m pool): 03:05.26 SportinGenk Park 08/03/2025			PB (25m pool): 03:16.11 SB: no time		
	50 M	100 M	150 M	200 M	
PB	no time	01:29.64	no time	03:05.26	
	no time				
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+				Heat:1, starttime: 15:34	
Heat: 1/11 Lane : 4 Athlete: BIESIADECKI ALEXANDER				Q-time: 01:44:22	
PB (50m pool): 01:49.17 SportinGenk Park 11/11/2025			PB (25m pool): 01:44.22 SB: 01:49.17 SportinGenk Park 11/11/2025		
	50 M	100 M			
PB	no time	01:49.17			
	no time				
			

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+				Heat:2, starttime: 15:37	
Heat: 2/11 Lane : 2 Athlete: SEGERS MATHIS				Q-time: 01:43:09	
PB (50m pool): no time			PB (25m pool): 01:43.09 SB: no time		
	50 M	100 M			
PB	no time	no time			
	no time				
			

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+		Heat:2, starttime: 15:37	
Heat: 2/11 Lane : 4 Athlete: SEGERS FERRE		Q-time: 01:37:30	
PB (50m pool): 01:38.89 SportinGenk Park 11/11/2025		PB (25m pool): 01:37.30 SB: 01:38.89 SportinGenk Park 11/11/2025	
	50 M	100 M	
PB	no time	01:38.89	
	<i>no time</i>		
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:3, starttime: 15:40	
Heat: 3/11 Lane : 2 Athlete: TIMMERS BJARNE		Q-time: 01:34:83	
PB (50m pool): 01:43.33 SportinGenk Park 11/11/2025		PB (25m pool): 01:34.83 SB: 01:43.33 SportinGenk Park 11/11/2025	
	50 M	100 M	
PB	no time	01:43.33	
	<i>no time</i>		
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:3, starttime: 15:40	
Heat: 3/11 Lane : 4 Athlete: RUELENS HENRI		Q-time: 01:32:13	
PB (50m pool): 01:39.51 SportinGenk Park 21/04/2025		PB (25m pool): 01:32.13 SB: no time	
	50 M	100 M	
PB	00:48.55	01:39.51	
	<i>00:48.55</i>	<i>00:50.96</i>	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:3, starttime: 15:40	
Heat: 3/11 Lane : 7 Athlete: MOORS VICTOR		Q-time: 01:34:97	
PB (50m pool): 01:47.36 SportinGenk Park 21/04/2025		PB (25m pool): 01:34.97 SB: no time	
	50 M	100 M	
PB	00:52.82	01:47.36	
	<i>00:52.82</i>	<i>00:54.54</i>	
	

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+		Heat:4, starttime: 15:42	
Heat: 4/11 Lane : 4 Athlete: NIJS VIKTOR		Q-time: 01:29:17	
PB (50m pool): 01:38.80 SportinGenk Park 21/04/2025		PB (25m pool): 01:29.17 SB: no time	
	50 M	100 M	
PB	00:48.61	01:38.80	
	<i>00:48.61</i>	<i>00:50.19</i>	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:5, starttime: 15:45	
Heat: 5/11 Lane : 3 Athlete: JORISKES GIJS		Q-time: 01:24:36	
PB (50m pool): 01:26.97 Antwerpen 20/04/2025		PB (25m pool): 01:24.36 SB: no time	
	50 M	100 M	
PB	00:43.47	01:26.97	
	<i>00:43.47</i>	<i>00:43.50</i>	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:6, starttime: 15:48	
Heat: 6/11 Lane : 3 Athlete: VAN DEN HOORN EBE		Q-time: 01:20:75	
PB (50m pool): 01:20.75 Antwerp 02/02/2025		PB (25m pool): 01:14.68 SB: no time	
	50 M	100 M	
PB	00:39.50	01:20.75	
	<i>00:39.50</i>	<i>00:41.25</i>	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:6, starttime: 15:48	
Heat: 6/11 Lane : 5 Athlete: FERREIRA CRAVO ENZO		Q-time: 01:20:68	
PB (50m pool): 01:25.71 Antwerpen 20/07/2025		PB (25m pool): 01:20.68 SB: no time	
	50 M	100 M	
PB	00:42.04	01:25.71	
	<i>00:42.04</i>	<i>00:43.67</i>	
	

Coach feedback:

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Event number: 35: 100M BACKSTROKE MEN 11+		Heat:9, starttime: 15:55	
Heat: 9/11 Lane : 2 Athlete: BOSMANS VINCE		Q-time: 01:14:07	
PB (50m pool): 01:19.10 Antwerpen 20/04/2025		PB (25m pool): 01:14.07 SB: no time	
	50 M	100 M	
PB	00:37.57	01:19.10	
	00:37.57	00:41.53	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:9, starttime: 15:55	
Heat: 9/11 Lane : 5 Athlete: VANDIJCK SAMUEL		Q-time: 01:12:71	
PB (50m pool): 01:16.34 Antwerpen 20/07/2025		PB (25m pool): 01:12.71 SB: no time	
	50 M	100 M	
PB	00:36.82	01:16.34	
	00:36.82	00:39.52	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:9, starttime: 15:55	
Heat: 9/11 Lane : 6 Athlete: GEUTJENS MAXIME		Q-time: 01:13:51	
PB (50m pool): 01:17.78 Antwerp 26/01/2025		PB (25m pool): 01:13.51 SB: no time	
	50 M	100 M	
PB	00:38.32	01:17.78	
	00:38.32	00:39.46	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:10, starttime: 15:57	
Heat: 10/11 Lane : 5 Athlete: SERVRANCKX SENNE		Q-time: 01:07:66	
PB (50m pool): 01:11.74 Olympic Pool Wezenberg, Antwer 30/07/2025		PB (25m pool): 01:07.66 SB: 01:13.52 Neuss 07/12/2025	
	50 M	100 M	
PB	00:34.26	01:11.74	
	00:34.26	00:37.48	
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:10, starttime: 15:57	
Heat: 10/11 Lane : 6 Athlete: EVENS VINCE		Q-time: 01:10:40	
PB (50m pool): 01:10.40 Antwerp 26/01/2025		PB (25m pool): 01:05.85 SB: no time	
	50 M	100 M	
PB	00:34.99	01:10.40	
	00:34.99	00:35.41	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:10, starttime: 15:57	
Heat: 10/11 Lane : 7 Athlete: WALTERUS KILYAN		Q-time: 01:12:34	
PB (50m pool): 01:15.49 Antwerp 26/01/2025		PB (25m pool): 01:12.34 SB: no time	
	50 M	100 M	
PB	00:36.23	01:15.49	
	00:36.23	00:39.26	
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:11, starttime: 16:00	
Heat: 11/11 Lane : 2 Athlete: EVENS MATS		Q-time: 01:04:52	
PB (50m pool): 01:10.88 Antwerp 28/01/2024		PB (25m pool): 01:04.52 SB: no time	
	50 M	100 M	
PB	no time	01:10.88	
	no time		
	

Coach feedback:

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:11, starttime: 16:00	
Heat: 11/11 Lane : 3 Athlete: VEESTRAETEN MATS		Q-time: 01:02:99	
PB (50m pool): 01:03.37 ANTWERPEN 30/07/2023		PB (25m pool): 01:02.00 SB: no time	
	50 M	100 M	
PB	no time	01:03.37	
	no time		
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 35: 100M BACKSTROKE MEN 11+		Heat:11, starttime: 16:00
Heat: 11/11 Lane : 7 Athlete: METTEN VINCE		Q-time: 01:05:15
PB (50m pool): 01:14.94 SportinGenk Park 01/04/2024 PB (25m pool): 01:05.15 SB: no time		
	5 0 M	1 0 0 M
PB	no time	01:14.94
	<i>no time</i>	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:4, starttime: 16:10
Heat: 4/12 Lane : 4 Athlete: VANDEWAERDE OUBE		Q-time: 01:25:21
PB (50m pool): 01:29.82 SportinGenk Park 11/11/2025 PB (25m pool): 01:25.21 SB: 01:29.82 SportinGenk Park 11/11/2025		
	5 0 M	1 0 0 M
PB	no time	01:29.82
	<i>no time</i>	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:6, starttime: 16:15
Heat: 6/12 Lane : 3 Athlete: LUDWICZAK LENA		Q-time: 01:21:04
PB (50m pool): 01:25.01 SportinGenk Park 21/04/2025 PB (25m pool): 01:21.04 SB: no time		
	5 0 M	1 0 0 M
PB	00:41.82	01:25.01
	<i>00:41.82</i>	<i>00:43.19</i>

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:6, starttime: 16:15
Heat: 6/12 Lane : 5 Athlete: REMANS QUIN		Q-time: 01:20:66
PB (50m pool): 01:23.43 SportinGenk Park 21/04/2025 PB (25m pool): 01:20.66 SB: no time		
	5 0 M	1 0 0 M
PB	00:40.43	01:23.43
	<i>00:40.43</i>	<i>00:43.00</i>

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:7, starttime: 16:17	
Heat: 7/12 Lane : 3 Athlete: VANGELOVEN FRAN		Q-time: 01:17:94	
PB (50m pool): 01:19.77 Antwerp 26/01/2025		PB (25m pool): 01:17.94 SB: no time	
	50 M	100 M	
PB	00:39.14	01:19.77	
	00:39.14	00:40.63	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:7, starttime: 16:17	
Heat: 7/12 Lane : 5 Athlete: LAMBRIGTS GITTE		Q-time: 01:17:78	
PB (50m pool): 01:34.19 SportinGenk Park 19/05/2024		PB (25m pool): 01:17.78 SB: no time	
	50 M	100 M	
PB	no time	01:34.19	
	no time		
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:7, starttime: 16:17	
Heat: 7/12 Lane : 6 Athlete: SCHOUTEDEN NIENKE		Q-time: 01:18:01	
PB (50m pool): 01:25.47 Antwerp 26/01/2025		PB (25m pool): 01:18.01 SB: no time	
	50 M	100 M	
PB	00:40.41	01:25.47	
	00:40.41	00:45.06	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:7, starttime: 16:17	
Heat: 7/12 Lane : 7 Athlete: VANHEESWIJCK AMELEA		Q-time: 01:19:64	
PB (50m pool): 01:24.70 Antwerpen 20/07/2025		PB (25m pool): 01:19.64 SB: no time	
	50 M	100 M	
PB	00:42.01	01:24.70	
	00:42.01	00:42.69	
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:8, starttime: 16:20	
Heat: 8/12 Lane : 5 Athlete: THEUWIS LISABET		Q-time: 01:16:25	
PB (50m pool): 01:24.34 Genk 28/05/2023		PB (25m pool): 01:16.25 SB: no time	
	50 M	100 M	
PB	no time	01:24.34	
	<i>no time</i>		
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:9, starttime: 16:22	
Heat: 9/12 Lane : 4 Athlete: THEUWIS RUNE		Q-time: 01:15:11	
PB (50m pool): 01:13.60 Zwembad Brigitte Becue Oostend 19/05/2023		PB (25m pool): 01:12.02 SB: no time	
	50 M	100 M	
PB	no time	01:13.60	
	<i>no time</i>		
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:9, starttime: 16:22	
Heat: 9/12 Lane : 5 Athlete: HUYBREGTS JOLIEN		Q-time: 01:15:33	
PB (50m pool): 01:21.26 Antwerp 02/02/2025		PB (25m pool): 01:15.33 SB: no time	
	50 M	100 M	
PB	00:38.93	01:21.26	
	00:38.93	00:42.33	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:9, starttime: 16:22	
Heat: 9/12 Lane : 6 Athlete: KERKHOF KAAT		Q-time: 01:15:84	
PB (50m pool): 01:17.50 Antwerp 28/01/2024		PB (25m pool): 01:15.84 SB: no time	
	50 M	100 M	
PB	no time	01:17.50	
	<i>no time</i>		
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:10, starttime: 16:24	
Heat: 10/12 Lane : 2 Athlete: BOUSSON JULIE		Q-time: 01:14:99	
PB (50m pool): 01:23.66 SportinGenk Park 01/04/2024		PB (25m pool): 01:14.99 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:23.66	
	<i>no time</i>		
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:10, starttime: 16:24	
Heat: 10/12 Lane : 4 Athlete: VINKEN AMÉLIE		Q-time: 01:14:56	
PB (50m pool): 01:14.56 SportinGenk Park 08/03/2025		PB (25m pool): 01:10.13 SB: no time	
	5 0 M	1 0 0 M	
PB	no time	01:14.56	
	<i>no time</i>		
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:10, starttime: 16:24	
Heat: 10/12 Lane : 5 Athlete: THEUWIS MIRA		Q-time: 01:14:76	
PB (50m pool): 01:14.76 Antwerpen 20/04/2025		PB (25m pool): 01:11.73 SB: no time	
	5 0 M	1 0 0 M	
PB	00:36.68	01:14.76	
	00:36.68	00:38.08	
	

Coach feedback:

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:11, starttime: 16:27	
Heat: 11/12 Lane : 4 Athlete: THEUWISSEN NORE		Q-time: 01:10:97	
PB (50m pool): 01:15.35 Antwerpen 20/07/2025		PB (25m pool): 01:10.97 SB: no time	
	5 0 M	1 0 0 M	
PB	00:35.93	01:15.35	
	00:35.93	00:39.42	
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 36: 100M BACKSTROKE WOMEN 13+		Heat:12, starttime: 16:29	
Heat: 12/12 Lane : 2 Athlete: WEVERS GITTE		Q-time: 01:10:59	
PB (50m pool): 01:12.89 Antwerpen 20/07/2025		PB (25m pool): 01:10.59 SB: no time	
	50 M	100 M	
PB	00:35.20	01:12.89	
	00:35.20	00:37.69	
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+				Heat:1, starttime: 16:31	
Heat: 1/7 Lane : 5 Athlete: TIMMERS BJARNE				Q-time: 03:18:55	
PB (50m pool): no time			PB (25m pool): 03:18.55 SB: no time		
	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	no time	
	no time				
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+				Heat:3, starttime: 16:39	
Heat: 3/7 Lane : 7 Athlete: GEUTJENS MAXIME				Q-time: 02:51:13	
PB (50m pool): 02:52.85 Antwerp 26/01/2025			PB (25m pool): 02:51.13 SB: no time		
	50 M	100 M	150 M	200 M	
PB	00:38.31	01:21.26	02:13.34	02:52.85	
	00:38.31	00:42.95	00:52.08	00:39.51	
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+				Heat:4, starttime: 16:42	
Heat: 4/7 Lane : 7 Athlete: DAEMEN JUUL				Q-time: 02:41:52	
PB (50m pool): 02:41.52 SportinGenk Park 15/03/2025			PB (25m pool): 02:28.49 SB: no time		
	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	02:41.52	
	no time				
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 37: 200M MEDLEY MEN 13+				Heat:5, starttime: 16:46	
Heat: 5/7 Lane : 4 Athlete: EVENS VINCE				Q-time: 02:30:53	
PB (50m pool): 02:30.53 Antwerpen 20/07/2025			PB (25m pool): 02:28.14 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.82	01:11.07	01:56.80	02:30.53	
	00:31.82	00:39.25	00:45.73	00:33.73	
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+				Heat:5, starttime: 16:46	
Heat: 5/7 Lane : 6 Athlete: DAEMEN TUUR				Q-time: 02:31:42	
PB (50m pool): 02:31.42 Olympic Pool Wezenberg, Antwer 30/07/2025			PB (25m pool): 02:26.20 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.35	01:12.42	01:56.76	02:31.42	
	00:31.35	00:41.07	00:44.34	00:34.66	
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+				Heat:6, starttime: 16:49	
Heat: 6/7 Lane : 2 Athlete: TIELEN SANDER				Q-time: 02:29:84	
PB (50m pool): 02:33.05 Antwerpen 20/07/2025			PB (25m pool): 02:29.84 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.10	01:12.98	01:58.29	02:33.05	
	00:32.10	00:40.88	00:45.31	00:34.76	
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+				Heat:6, starttime: 16:49	
Heat: 6/7 Lane : 3 Athlete: SERV RANCKX SENNE				Q-time: 02:28:23	
PB (50m pool): 02:55.29 Zwembad Brigitte Becue Oostend 19/07/2025			PB (25m pool): 02:28.23 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:55.29	
	no time				
	

Coach feedback:

PK LB Limburg: Session: 4: COACH evaluation sheet for TEAM: DMB

Event number: 37: 200M MEDLEY MEN 13+				Heat:7, starttime: 16:52	
Heat: 7/7 Lane : 5 Athlete: ORIS TIM				Q-time: 02:20:37	
PB (50m pool): 02:19.60 CHARLEROI 28/07/2019			PB (25m pool): 02:12.57 SB: no time		
	50 M	100 M	150 M	200 M	
PB	no time	no time	no time	02:19.60	
	<i>no time</i>				
	

Coach feedback:

Event number: 37: 200M MEDLEY MEN 13+				Heat:7, starttime: 16:52	
Heat: 7/7 Lane : 7 Athlete: EVENS MATS				Q-time: 02:24:48	
PB (50m pool): 02:27.46 Antwerpen 27/07/2025			PB (25m pool): 02:24.48 SB: no time		
	50 M	100 M	150 M	200 M	
PB	00:30.07	01:09.19	01:54.27	02:27.46	
	<i>00:30.07</i>	<i>00:39.12</i>	<i>00:45.08</i>	<i>00:33.19</i>	
	

Coach feedback: